

COVID 19 Pandemic Counselling Consent Form

Alberta Health Services legally requires people to self-isolate for any of the following reasons:

- You test positive for COVID-19.
- you have a cough, fever, shortness of breath, runny nose, or sore throat (for adults) or cough, fever, shortness of breath (for children) that is **not related** to a pre-existing illness or health condition and you have not been tested or are awaiting test results.
- you are a close contact of someone known to have COVID-19.
- you have returned from travel outside Canada within the last 14 days.

If you are in close contact of a case, or returned from travel outside of Canada in the last 14 days, you must continue to self-isolate for the full 14 days, even if you have a negative test result.

You **do not** have to self-isolate if any of the following apply, AND you are not a close contact of a case or returned from travel outside of Canada in the last 14 days:

- you have symptoms of illness that **are related** to a pre-existing illness or health condition.
- you have tested negative for COVID-19.
- you have tested negative for COVID-19 and have a cough, fever, shortness of breath, runny nose, or sore throat that is not related to a pre-existing illness or health condition.

In signing this form, you are declaring that you understand and agree to the above regulations. By signing and submitting this form you agree to have read and understood your responsibility to consider the above regulations prior to each counselling session.

Client Name: _____ Date: _____

Client Signature: _____